

INSTRUCTIONS FOR TAKING CONSULTATION PHOTOS AT HOME

Imaging is an important communication tool used during our consultations. It allows the patient to communicate his or her symptoms, ideas, and surgical goals to the physician, and it allows the physician to discuss treatment options and possible surgical results with the patient.

In order for imaging to be an effective tool, it's key to have photos that can be easily and accurately analyzed and imaged. Photos at angles that can distort facial features (such as selfies) or with busy backgrounds are not suitable photos to be used for imaging purposes. Below are some basic guidelines for taking photos at home to be used during your virtual consultation.

Please take photos in front of a plain background with as even lighting as possible. For example, use a plain-colored wall or plain-colored sheet (white or blue is preferable) hung on a wall. Please have someone take the photos for you.

The photo should include your full head and neck, where the top of your shoulders and collar bones are visible. Look straight ahead and try not to tilt your chin either up or down; aim to have a 90-degree angle between your chin and neck. Angling your chin can distort the appearance of your facial features. The camera should be at eye-level and straight as well. Please relax your face, no smiling or frowning, just a natural and neutral position.

We typically ask for several views: front, right quarter turn, right profile, and for rhinoplasty, a base view of the nose. See below.



Front View

Right Quarter

Right Profile

Base View

If you have any questions about this process, please do not hesitate to contact our office by phone (713.526.5665) or by e-mail at mailbox@todaysface.com.